

CITY OF DALY CITY

Regular Meeting - RECREATION COMMISSION

AGENDA

Tuesday, February 28, 2023 - 7:00 PM

City Hall Council Chambers – 2nd Floor
333 – 90th Street, Daly City, CA 94015

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1. To submit a comment in writing, please visit www.dalycity.org/agendas and complete the Public Comment form. In the comment field box, include the item number and/or title of the item as well as your comments. Public Comments may also be emailed to active@dalycity.org by including "Public Comment" in the subject line. All written comments received by 4:00 pm on meeting day will be provided to the City Council prior to the meeting. Comments are not read aloud into the record.

Please note: Any written comments received after 4:00 p.m. on the meeting date is not guaranteed to be received by the City Council prior to the meeting.

2. To speak at the meeting in person, please complete a Speaker Card located at the entrance to the Council Chambers and submit to a Staff Member as early in the meeting as possible.

Persons with disabilities who require auxiliary aids or services in attending or participating in this meeting should call the office of the City Clerk at 991-8078 as soon as possible.

CALL TO ORDER:

PLEDGE TO THE FLAG:

ROLL CALL:

APPROVAL OF AGENDA:

APPROVAL OF MINUTES:

1. Regular Meeting on January 24, 2023

PUBLIC COMMENT:

DIRECTOR'S REPORT:

2. BROWN ACT TRAINING (R. ZIMMERMAN)

AVAILABILITY OF PUBLIC RECORDS:

All public record to an open session item on this agenda, which are not exempt from disclosure pursuant to the California Public Records Act, that are distributed to a majority of the legislative body will be available for public inspection at the City Clerk's Office, City Hall located at 333 90th Street, Daly City, CA during normal business hours, at the same time that the public records are distributed or made available to the legislative body.

3. AQUATICS (STAFF)

COMMISSIONER'S REPORT:

ANNOUNCEMENTS AND COMMUNICATIONS:

4. Spring Fun Day
Saturday, April 8, 2023
9:00 am - 2:00 pm
Westlake Park

AGENDA BUILDING FOR NEXT MEETING:

ADJOURNMENT:

5. Next Meeting: Tuesday, March 28, 2023 at 7:00pm

STAFF:

RECOMMENDATION:

DALY CITY RECREATION COMMISSION
DALY CITY CIVIC CENTER – COUNCIL CHAMBERS
REGULAR MEETING
MINUTES – JANUARY 24, 2023

The meeting was called to order by Recreation Commission Chair Nate Ortiz at 7:00 PM

ROLL CALL

Recreation Commission Present:

Chair Nate Ortiz, Vice Chair Christina Luna, Commissioner Saul Miranda, Commissioner Cheryl Catuar

Recreation Commission Absent: Commissioner Hamilton Anoa'i

Staff Present:

Vice Mayor Juslyn Manalo, Recreation Services Manager Denise Brown, Administrative Assistant II Edgardo Bolanos, Active Adult/Senior Services Supervisor Ann Cooney, Senior Services Specialist Karen Parque, Senior Services Specialist Andrea Tsang, Recreation Services Coordinator Brian Sai, Recreation Services Supervisor Angelo Ignacio, Recreation Services Coordinator Derrick Shiu, Recreation Services Coordinator Jeffrey Parangan, Senior Recreation Services Supervisor Jennifer Der

REQUEST FOR AMMENDMENTS TO THE AGENDA

Recreation Services Manager Denise Brown requested through the chair to amend the agenda to include the Welcome and Oath of Office and move Item #2 to the February 28, 2023 meeting. Chair Ortiz requested a motion to make the amendments to the agenda, the motion was seconded by Vice Chair Luna, the motion passed unanimously.

OATH OF OFFICE

Vice Mayor Juslyn Manalo welcomed and administered the Oath of Office to new Recreation Commissioner Cheryl Catuar.

APPROVAL OF AGENDA

A motion was requested by Chair Ortiz to approve the agenda for the January 24, 2023 meeting. A motion was made by Commissioner Miranda and seconded by Vice Chair Luna. The Agenda was unanimously approved.

APPROVAL OF MINUTES

A motion was requested by Chair Ortiz to approve the Minutes of the meeting on September 27, 2022. The motion was seconded by Vice Chair Luna. The Minutes were unanimously approved.

PUBLIC COMMENT:

Vice Mayor Manalo thanked the Commission and Staff for their work and dedication with programming and special events for youth and seniors that's so important for the wellbeing mentally and physically for the community.

DIRECTOR'S REPORT:

-Active Adult/Senior Program Area

Recreation Services Manager Denise Brown introduced the Senior Services Staff: Active Adult/Senior Services Supervisor Ann Cooney, Senior Services Specialist Karen Parque, Senior Services Specialist Andrea Tsang, Recreation Services Coordinator Brian Sai, Recreation Services Supervisor Angelo Ignacio, Recreation Services Coordinator Derrick Shiu, Recreation Services Coordinator Jeffrey Parangan, and Senior Recreation Services Supervisor Jennifer Der. Ann Cooney spoke about the mission of the Senior Services Area and the

different locations that senior programming is offered at. She introduced Karen Parque who presented on Senior programming at Doelger. They brought back Social Fun, a time for seniors to hangout and enjoy each other's company; like a Halloween costume contest, a holiday ugly sweater contest, and a hanger snowflake craft. She recapped the Senior Gala that took place on October 1, 2022 with over 200 seniors that participated. Doelger offers several services such as the AARP tax aide program for seniors to get their taxes done for free; wellness calls and home visits are also done in partnership with SFSU, Unitek College & Samuel Merritt University Student nurses. The Westlake Park Senior Food Pantry is now open. They are currently serving about 30 clients twice a month. The Garden Deli is open to the public daily M-F, 9:30-1:30pm and serves coffee, sandwiches, salads and soup. On Friday, February 17, 2023 the Walkabout, held in partnership with the Serramonte Center will be kicking off. Upcoming on May 13, 2023 at Westlake Park they will be having a Senior Health, Education and Fitness Fair from 11:00am – 3:00pm with food trucks and other vendors. Lastly, on April 14, 2023 there will be a volunteer luncheon at Café Doelger at 12:00pm by invitation only.

Recreation Services Coordinator Jeffrey Parangan presented on the Senior programming at Bayshore Community Center. The Boys and Girls Club recently moved out of the facility so the Recreation Division was able to start programming for all ages of the community from youth to adults to seniors. On Mondays – Fridays 8:00am – 2:00pm they have senior social hour with coffee, badminton, ping pong, pickleball and Zumba. Senior Services Specialist Andrea Tsang shared examples of events happening at Bayshore: Legal Aid Society of San Mateo County had a session to answer questions specializing in elder issues; ukulele concerts by the Daly Ukulele class; “Move then Munch” with Class Development & Cultural Arts Administrator Leslie DuBridge every 4th Wednesday of the month where she does stretches and light exercises before lunch; “Get Appy” is a program that helps participants navigate their smart phones, tablets etc. They offer congregate lunch from Monday – Thursday from 11:30am – 1:30pm. Workshops such as the Pacific Stroke Association's in-person and virtual informational session are also offered. Second Harvest of Silicon Valley offers a free grocery distribution twice a month (2nd & 4th Fridays) from 9:00am – 11:00am and they serve about 250 clients a day.

Recreation Services Coordinator Brian Sai presented on the active adult and senior programming at the War Memorial Community Center. They offer free badminton & pickleball; volunteer led classes such as guitar/ukulele jam, Kanikapila jam, low impact aerobics, and vivify chorus; and contracted classes like Soul Line Dance and Hawaiian Hula. Special events that they had were a Veterans Day event that started at the War Memorial Community Center with police escort to Westlake Park, a Thanksgiving turkey giveaway, and a Holiday Party.

Recreation Services Coordinator Derrick Shiu presented on the active adult and senior programming at the Lincoln Park Community Center. Programs offered are line dance, Tai Chi, karaoke, Kapihan Sa Lincoln, folk dance, ballroom dance, Hawaiian dance, and ping pong. Services they provide are congregate lunch daily Monday-Friday; free groceries and grocery rescue in partnership with Second Harvest of Silicon Valley; AARP tax prep; blood pressure checks; flu shot clinics; and the Farmer's Market Nutrition program. On January 27, 2023 they're having a Lunar New Year lunch celebration with music and entertainment.

Active Adult/Senior Services Supervisor Ann Cooney filled in for Food Service Assistant II Opal Fuller and talked about the Congregate Nutrition Program. Opal Fuller who manages the food service program creates monthly menus according to a strict nutrition analysis and then it gets approved by the San Mateo County Aging and Adult Services Dietician. This is an Older American Act Subsidized program and is also subsidized by the San Mateo County and City of Daly City. Requests for proposals, close outs and invoicing that needs to be done to get the subsidies are handled by Senior Recreation Services Supervisor Jennifer Der. Another piece of the program that's part of the regulations is quarterly nutrition education. There are four senior nutrition programs: Second Course home delivered meals; congregate dining at Westlake Park, Lincoln Community Center, Bayshore Community Center and coming in July to Gellert Park Clubhouse; and lastly the Senior Food Pantry at Westlake

Park. Ann Cooney also mentioned that a lot of their classes and lunch program are run with the help of their volunteers whom they are always looking for.

COMMISSIONER’S REPORT:

None

ANNOUNCEMENTS AND COMMUNICATIONS:

Recreation Services Manager Denise Brown announced the upcoming events:

February: -February 17, 2023 Walkabout kick off at Serramonte Center from 8:00am-9:30am in partnership with AHMC Seton Medical Center & Serramonte Center.

-February 17, 2023 Black History Month Celebration at Larcombe Clubhouse 6:00pm-8:30pm. There will be a showing of “Summer of Soul” documentary also featuring a live panel & discussion with light refreshments provided.

AGENDA BUILDING:

None

Meeting adjourned at 8:02 PM

Next Meeting:

Tuesday, February 28, 2023 at 7:00pm

Daly City Council Chambers