

DALY CITY RECREATION COMMISSION
DALY CITY CIVIC CENTER – COUNCIL CHAMBERS
MINUTES – SEPTEMBER 22, 2015

The meeting was called to order by Recreation Commission Chair Tom Ledda at 6:00 p.m.

ROLL CALL

Recreation Commission:

Present: Chair Tom Ledda, Commissioners Teresa Proaño and Denise Kelly

Staff Present

Director Joseph Curran and Recreation Services Manager Denise Brown

APPROVAL OF AGENDA

Motion made by Commissioner Proaño and seconded by Commissioner Kelly to approve the September 22, 2015 Agenda. Unanimously approved.

APPROVAL OF MINUTES

Motion made by Commissioner Proaño seconded by Commissioner Kelly to approve the August 25, 2015 Minutes. Unanimously approved.

REPORTS:

1. Director's Report:

- A. Rotary Fitness Peace Park Proposal –Ms. Dahyana Lao from the Colma Rotary Club presented to the Commissioners her research and proposal on the Fitness Peace Park. She said that Daly City is central to San Francisco and San Mateo counties; regional hub for retail, healthcare and small business. Daly City is a diverse multicultural population with excellent transportation links and a growing young and productive labor force with a bright future for economic growth. She said that with all the positive traits and Daly City can offer, there are critical, preventable health issues including obesity, heart disease and cancer. Adults need at least 30 minutes of physical activity and children, 60 minutes of active play. According to data based on assessment they give to school children, nearly 40% are not physically fit. Ms. Lao said that there are no fitness park in the bay area except the one in the Marina Green. There are some in the south bay. There is a huge movement outside California like Florida. She cited the benefits of fitness parks i.e. improved mental wellbeing, including decreases in tension, confusion, anger and depression. There is also the disease prevention along with improved physiological health and increase energy. It is proven that people who exercise outdoors are more likely to repeat the behavior, and often participate in the exercise activity for longer periods. Students who participate in daily physical activity tend to have a better attitude in school. The Fitness Peace Park vision is to support the Daly City Community to live a healthier and more active lifestyles through a variety of fun and education engagement in healthy lifestyle practices. It would unite all stakeholders and provide the platform to promote health, fitness and peace.
- B. Youth Basketball Team Eligibility Policy – Edgardo Bolanos, Recreation Program Coordinator, recommended to the Commissioners to update our school team eligibility policy for our youth basketball program. Youth Basketball is for Boys and Girls 3rd through 8th grade. Whether you live in Daly City or not, you have an opportunity to join our program. Players are placed on teams. The Daly City Youth Basketball League is designed to provide a positive environment, low-key competition, and a focus on good sportsmanship. The new eligibility for Year 2016 in school team will only comprise

of students attending at that school. We are hoping that past players that had a great experience with our league will sign up individually and we can assign them to teams. We would like to concentrate on keeping everything fair that everyone participating in our program is not lying about anything. Athletic Directors and/or Coaches must submit appropriate paperwork and fees by the designated dates. They should also be certified by the Department. Player eligibility will require that players must be enrolled in the school they intend to play on. Players will play in their current grade level with the following exceptions. Exception #1 is if a team does not have enough players for a particular division, players from two grade levels may be combined to create a team. Team will then play in the higher grade division. Exception #2 is player may choose to play on team that is one grade higher than their actual current grade level. Players may not participate on a team that is a lower grade than their actual current grade level. Players below the 3rd grade level will not be allowed to play on any team. Players may only play for one team in the Youth Basketball League Program. Players not eligible to play on a particular school team should contact the Department regarding individual registration for the Program.

ANNOUNCEMENTS AND COMMUNICATION

- Fall Festival, Sunday, October 4th at the Café Doelger, 8:30 a.m. – 1:00 p.m.
- Filipino-American History Month Celebration, Saturday, October 10th at the Pacelli Event Center, 11:00 a.m. – 4:00 p.m.
- Dia delos Muertos, Thursday, October 29, 2015 at the John Daly Library, 3:30-6:00 p.m.
- Haunted Pool, Friday, October 30, 2015 at the Giammona Pool, 6:30-9:30 p.m. Entrance fee is \$8.00.

PUBLIC COMMENT

None

ADJOURNMENT

The meeting was unanimously adjourned at 6:40 p.m.

**Next Meeting:
October 27, 2015
Daly City Council Chambers**